

The Physical Activity and Nutrition Consortium (PAN) has morphed into the Connect the Dot Action Groups in both the Springfield and Bellows Falls communities. To prepare for the end of the 30+5 program and to expand the program's efforts, these action-driven groups all have the same over-arching theme: to increase physical activity and nutrition options for youth in Springfield and Bellows Falls. Each group identified specific areas of focus and actions that they wanted to address within this realm. The Connect the Dots Groups are as follows:

Springfield:

- Expanding the Use of Physical Activity Opportunities
- Parent education and involvement
- Support for Low Income Residents

Bellows Falls:

- Support for all residents
- Increase opportunities for physical activity
- Systems Change (changing the culture)

Springfield/Bellows Falls Combined Group:

- Continued improvement in school foods including the use of local produce

For more information regarding these groups and to review past minutes, please click below.

Bellow Falls- Connect the Dots Meeting Notes

Springfield-Connect the Dots Meeting Notes

November 10, 2010 Meeting Notes

February 10, 2010 Meeting Notes