

Minutes
Precision Valley Physical Activity and Nutrition Consortium
Tuesday, June 15, 2010

Parks Place, Bellows Falls, Meeting Room 3:30-5:00

In Attendance: Stephanie Gibson, Cindy Phillips, Nancy Schaefer, daylyn finnegan

1. Farmer's Market Update. Cindy would like to **find vendors for produce** (either farmers or homesteaders), maple syrup and honey, jewelry, candles, and cheese makers. Also recommended is someone making smoothies. If you know anyone interested in selling at the market, please send them to the <http://www.springfieldcommunitymarket.com/> site for an application and market rules.

Cindy reported that all vendors are pleased and the number of folks arriving is increasing. They are not accepting EBT or coupons this year, but will apply for all those features for next year's market. Stephanie suggested the market run ads on SAPA.

2. Consortium Member Update. Stephanie reported that the Family Center is gearing up for the summer lunch program. They have 200 kids signed up to receive lunch, which starts on Friday, June 18. Lunch will be served Monday through Friday, and on Friday families will receive a gallon of milk and a box of cereal. They **need volunteers** to help put together lunches (from 7:30-9:30am) and to deliver lunches (from 10:00-1:30pm). They're also looking to compile recipes for a cookbook. If you have a recipe you'd like to recommend, send it to Stephanie Gibson at Stephanie_sfc@vermontel.net.

Nancy Schaefer reported that 30+5 has donated the cooking cart from Park Street School to Westminster School, who wrote a winning proposal telling how the cart would be utilized and how the progress will be reported back to 30+5. There was an update of our site review with our technical advisor, Beverly Tyler, and the hospitals and schools. She also shared 30+5's desire to help the schools' recess be more active with a physical activity bag of goodies.

3. Schedule. The next meeting will be in mid-September, when all of the back-to-school action slows down. Mark your calendars for **Wednesday, September 15**, 3:30-5:00 in the Springfield Family Center meeting room. We will discuss PAN's future plans, meeting locations, dates, and a *project idea*. Start thinking of ideas. See you then.

*Promoting healthy options and change for children and families
through improved nutrition and physical activity.*